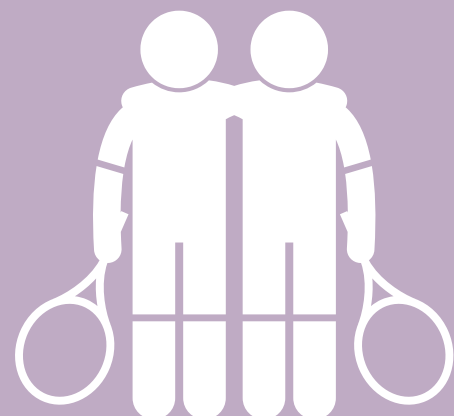


savona
FOODSERVICE
THAT JUST WORKS

CARE



WIMBLEDON TENNIS THEME ACTIVITY PACK



Order of Play

1 Dining Experience

Wimbledon Menu Ideas

Recipe: Pimm's Ice Lollies



2 Stay Active

Balloon Tennis Instructions



3 Art & Crafts

DIY Bunting Instructions

Bunting Flag Template

Adult Colouring Sheets



4 Brain Train

Wimbledon What is it?

Wimbledon What is it? Answers

Wimbledon Word Search

Wimbledon Word Search Answers

A - Z Tennis

A - Z Tennis Help Sheet



5 Reminiscence

Images, facts and questions about Wimbledon and tennis of the past

Wimbledon Menu

It's easy to create a Wimbledon-themed menu - just think quintessentially British!

Come rain or shine, how about serving your special afternoon tea as an "indoor picnic".

'Picnic' Food Ideas



Buffet Scotch Eggs
Mini Sausage Rolls
Vol Au Vents
Selection of Finger Sandwiches
Quiche
Pasta Salad



Strawberries & Cream
Ice Cream
Scones Jam & Cream
Eton Mess
Cup Cakes

Buy or make
plain cup cakes
and let residents
decorate them
themselves



Pimms
Bubbly
Sparkling Elderflower
Orange Juice



Top Tip

A twist on the traditional strawberries & cream, give your dessert a talking point by serving the showstopping...

Martina
Navratilova
Pavlova!



Go the extra point

Dress code:

Ask residents to wear anything purple or green!

Quiz:

The quizmaster (member of staff or resident) asks questions relevant to age and ability. Here's one to get you started...

Q: Who pushed for the use of yellow balls as they showed up better on TV?

A: David Attenborough

More food:

Continue the theme across the day. How about 'Andy Murry Curry' for dinner!

Pimm's Ice Lollies

Method

STEP 1

Add the strawberries and mint leaves to a blender and process until smooth.

Pour the strawberry mixture through a fine mesh strainer to remove the seeds.

Add the Pimm's, lemonade and sugar, stirring together until combined and the sugar is dissolved.

STEP 2

Divide the cucumber pieces between a 10 x 80ml ice lolly mould and pour over the strawberry mixture, dividing equally between the sections.

Put the mould in the freezer for 30-45 mins or until it's just starting to freeze.

Insert lolly sticks and leave to freeze for at least 4 hrs or until frozen solid.

STEP 3

To remove the ice lollies, dip the mould in hot water for a few seconds, then carefully remove the lollies to serve.

Get residents involved by
choosing and chopping
their own fruit!



Ingredients

500g Strawberries, hulled and halved lengthways

10 Mint Leaves

75ml Pimm's

200ml Lemonade

100g Golden Caster Sugar

20 Thin Slices of Cucumber, cut into quarters

Why not try adding more
fruit like raspberries,
blueberries and orange slices

Balloon Tennis

Singles, doubles or in teams, balloon tennis is a simple game and perfect for playing inside or out.

Balloon Tennis Game Rules...

Keep it up!

Stood up or sat down, solo or in teams, players bat the balloon back and forth between them. Every time a player fails to keep the balloon off the floor, they lose a point. Once you lose 5 points, you're out!

Solo keep it up!

Each player bats their own balloon tennis ball in the air and counts to see how many times they can bounce the balloon off their racket before it hits the floor. The person with the most bounces before their balloon touches the ground wins.

You can also make up your own balloon tennis game rules!

Rackets

Option 1

If you have access to table tennis paddles these can be used as mini indoor tennis rackets

Option 2

Cut down some pool noodles to the appropriate size to use as rackets

Option 3

Have a crafting session prior with residents to create and decorate their own racket made from a paper plate!

Full instructions can be found here:
[www.wimbledon.com/pdf/CM Wimbledon at Home Paper Tennis Racket_FNL.pdf](http://www.wimbledon.com/pdf/CM_Wimbledon_at_Home_Paper_Tennis_Racket_FNL.pdf)

Option 4

Simply use your hands to knock the balloon to the opponents area



Materials

Balloons

Optional

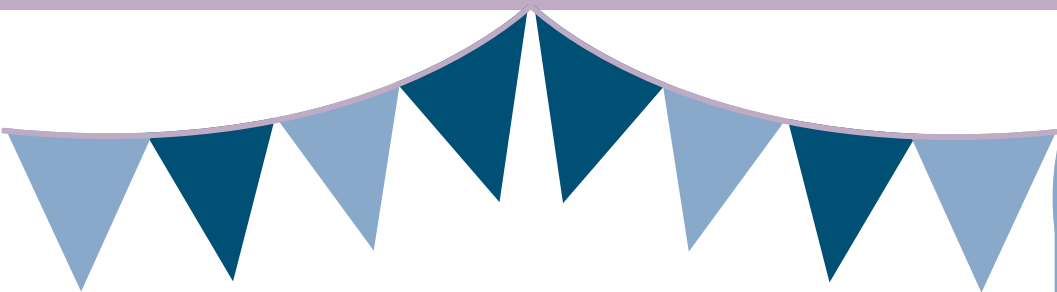
Tie some ribbon between to chairs to make a simple indoor net!

Top Tip



Use only yellow balloons to look more like tennis balls!

DIY Bunting



Method

STEP 1

Print the template out onto card or paper

STEP 2

Colour in and decorate as required

STEP 3



Cut along the solid lines



Fold along the dotted line

STEP 4

Cut the string or ribbon to the required length

STEP 5

Fold the top flap of the flag over string or ribbon and glue for added security



Materials

Paper

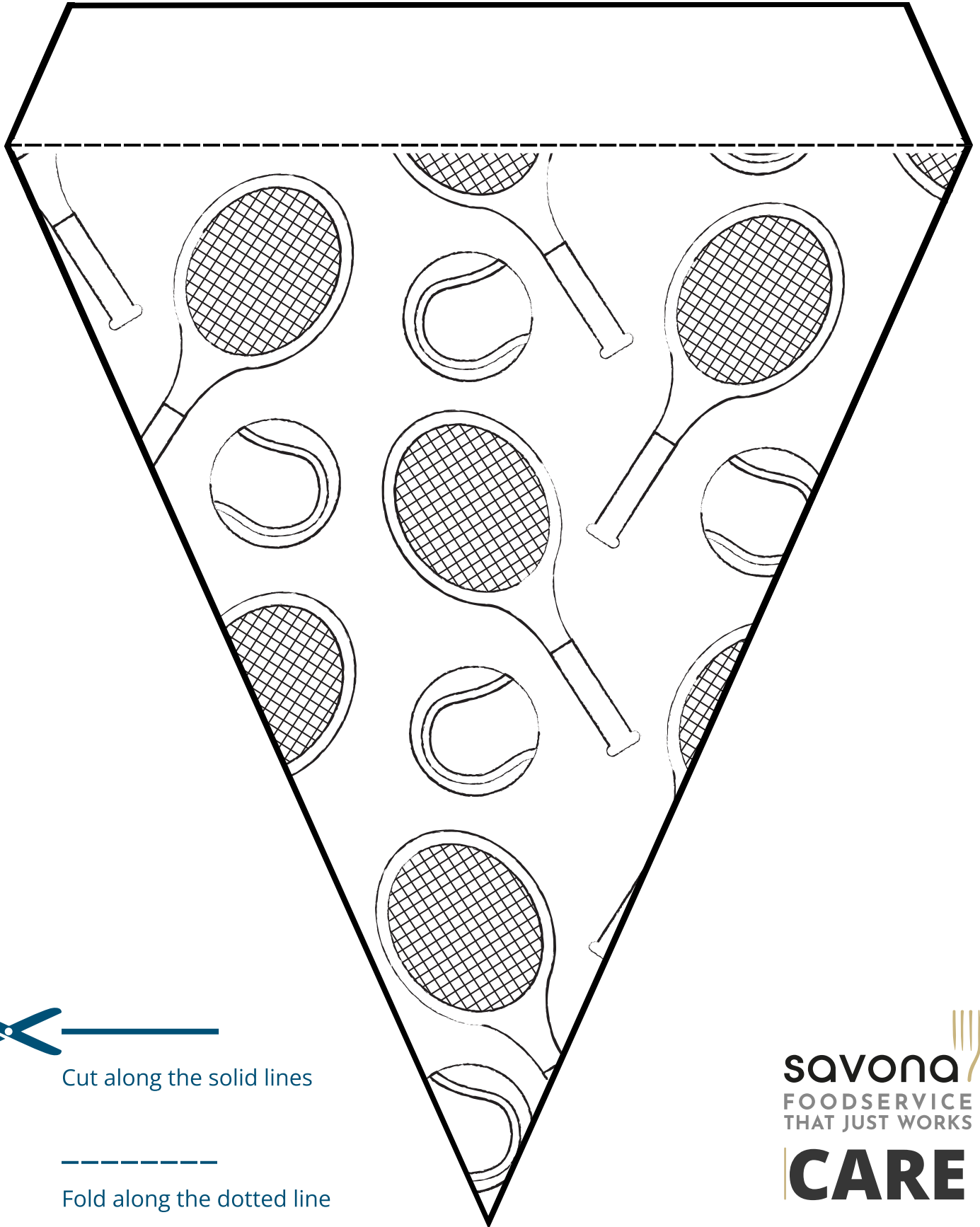
Scissors

String or Ribbon

Glue

Colouring Pencils or Felt Tips

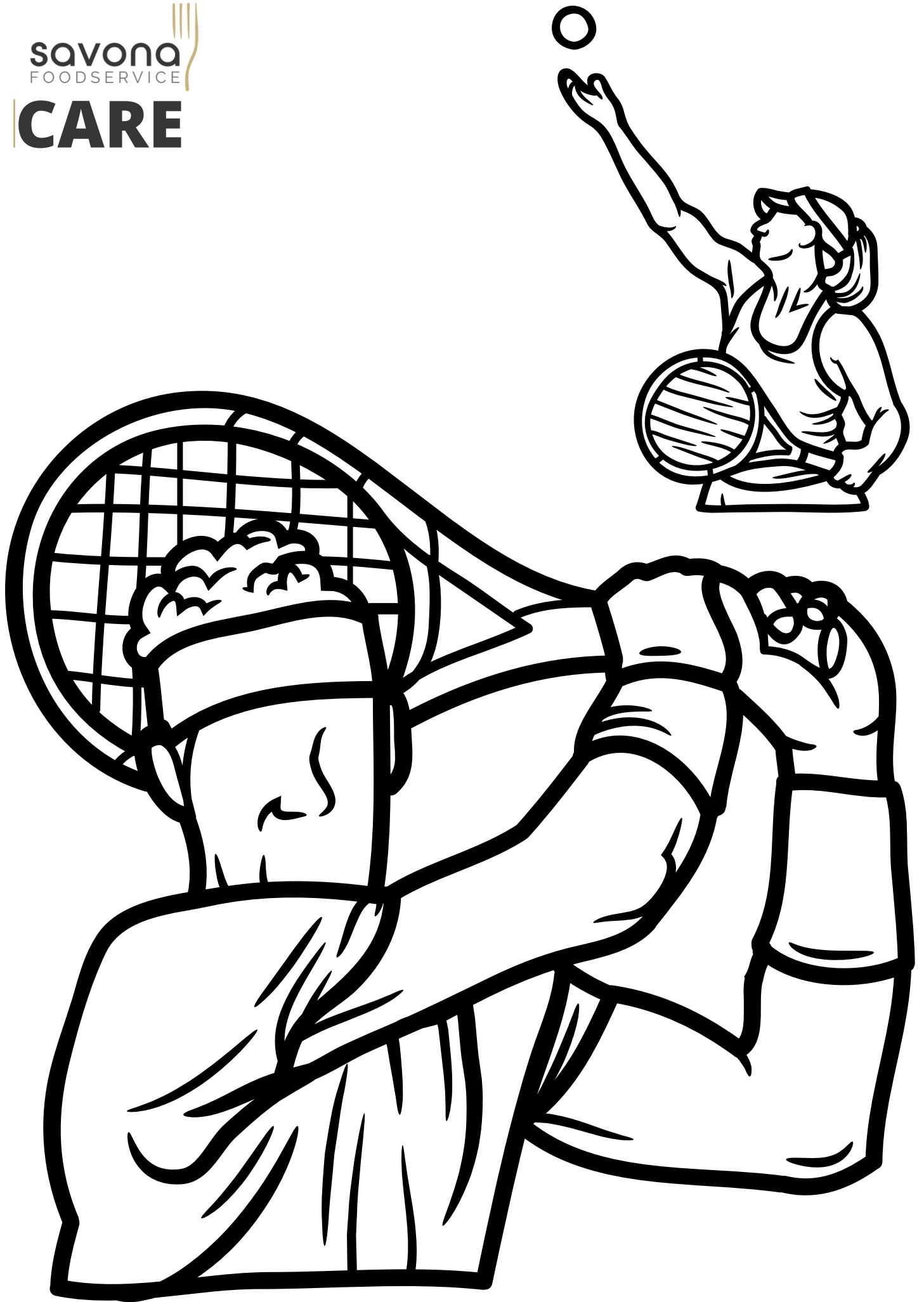
Bunting Flag Template



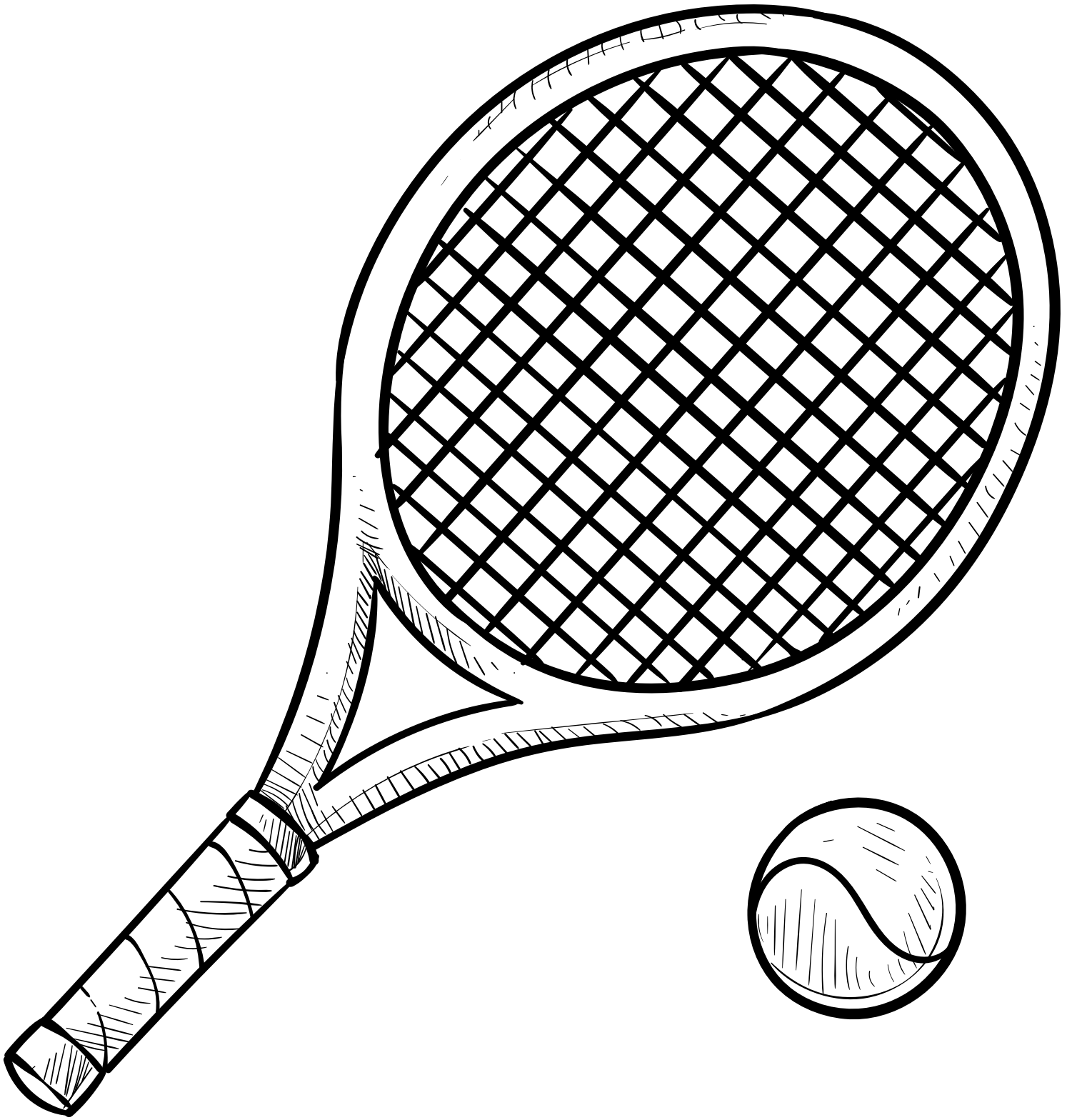
Cut along the solid lines



Fold along the dotted line







Wimbledon What is it?



Below are six images of Wimbledon Tennis themed items that have been zoomed in. Can you work out what is in each picture?



A



B



C



D



E



F

Wimbledon What is it? Answer Sheet



Below are six zoomed in images of Wimbledon Tennis themed items. Can you work out what is in each picture?



A Tennis Ball



B Tennis Racket



C Net



D Ladies Singles Trophy

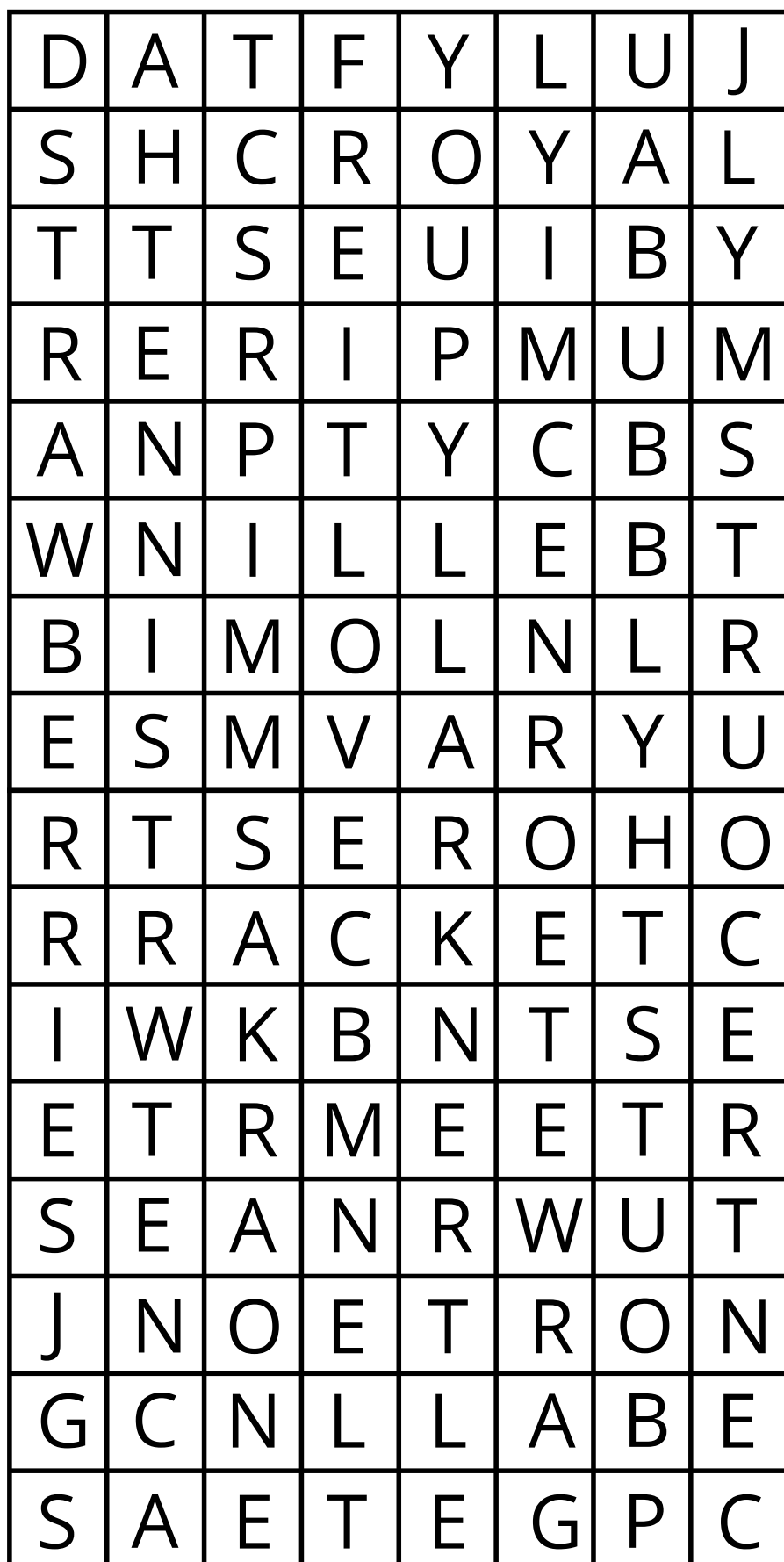


E Wimbledon Tennis Logo



F Strawberries and Cream

Wimbledon Word Search



Can you find all
12 words?

Tennis	July
Umpire	Royal
McEnroe	Tea
Racket	Ball
Henman	Love
Serena	Out
Bubbly	Pimms
Centre Court	Net
Scone	Ace
Strawberries	Rally

Wimbledon Word Search Answer Sheet



Can you find all
12 words?

Tennis	July
Umpire	Royal
McEnroe	Tea
Racket	Ball
Henman	Love
Serena	Out
Bubbly	Pimms
Centre Court	Net
Scone	Ace
Strawberries	Rally

A - Z Tennis



In a group or on your own, can you think of a word related to tennis that starts with every letter of the alphabet?

A _____

B _____

C _____

D _____

E _____

F _____

G _____

H _____

I _____

J _____

K _____

L _____

M _____

N _____

O _____

P _____

Q _____

R _____

S _____

T _____

U _____

V _____

W _____

X _____

Y _____

Z _____



A - Z Tennis Help Sheet

Stuck for an answer? Here's some words so you can help the residents out!

A Ace, Advantage, Andre Agassi, Andy Murry

B Ball, Bounce, Ball Boy/Girl, Backhand, Break point, Billie Jean King

C Court, Clay (court), Carpet (court), Call, Challenge, Champion, Championship

D Deuce, Doubles, Down the line, Drive, Drop shot

E Elbow, Entry, Error

F Fault, First serve, Flat, Foot fault, Follow through, Forehand, Federer (Roger)

G Game, Grass (court), Grand slam, Grunting

H Hardcourt, Handicapping, Half volley, 'Henman Hill'

I Inside-in, Inside-out, Ivan Lendl

J Junk ball, Jamming, Junior league

K Knock-up, Kick serve,

L Love, Let, Lawn tennis, Lob, Line call,

M Match, Masters, Mini-break, Mixed doubles

N Net, Net point, New balls, Rafael Nadal

O Out, Official, Open, Order of play, Overrule

P Player, Point, Penalty, Pimms, Pre-qualifying, Perfect game, Pass, Pete Sampras

Q Qualifying round, Queues, 'Quiet please'

R Racket, Rally, Rankings, Receiver, Referee, Return, Round, Roger Federer

S Serve, Set, Slice, Scoring, Seed, Singles, Smash Spin, Stroke, Swing, Serena Williams

T Tennis, Tiebreak, Topspin, Toss,

U Umpire, Underhand, Unseeded,

V Volley, Venus Williams

W Wimbledon, Wild card, Winner, Williams (Venus/Serena)

X -

Y Yellow balls, Yo-yo

Z Zero pointer, Zone



Reminiscence



The use of wooden tennis rackets dates back to the middle of the nineteenth century when lawn tennis was invented and gained popularity.

By the beginning of the 1980s, almost all wooden tennis rackets were replaced by more modern rackets made from metal or graphite.

Do you like tennis?

Have you ever played tennis?

Did you learn tennis at school?

Do you remember using wooden tennis rackets?

Did you used to play tennis with your friends?



Reminiscence



Wimbledon 1980

(Above) Bjorn Borg, winner of the men's singles in July 1980, holding the Trophy above his head.



Wimbledon 1980

Bjorn Borg (left) with John McEnroe (right)



Wimbledon 1985

(Above) Boris Becker celebrating winning a set.

On 7 July 1985, Boris Becker became the first unseeded player and the first German to win the Wimbledon men's singles title, defeating Kevin Curren in four sets.

Do you remember Bjorn Borg, John McEnroe or Boris Becker?

Did you ever watch them playing tennis on T.V.?

Do you remember any other famous tennis players from the 1970's 1980's, 1990's or any other decade?



(Above) John McEnroe in 2023

Do you remember John McEnroe famously saying **'you can not be serious'** on June 22, 1981?

savona
FOODSERVICE
THAT JUST WORKS
CARE

Reminiscence



Cliff Richard famously singing to the crowds in 1996 when rain brought play to a close.

The wettest year for Wimbledon on record was in 1997 when 118.3mm of rain was recorded.

Do you remember Cliff Richard singing to the Wimbledon crowds in the rain?



Virginia Wade (right) proudly holding up the women single trophy, Queen Elizabeth (left) looking on in the background.

In 1977, during the Silver Jubilee year of Queen Elizabeth II, British tennis player, Virginia Wade, beat Betty Stove in the women's singles final.

Do you remember Virginia Wade or Betty Stove?

Reminiscence



The Wimbledon Championships were first held in 1870 with 22 male competitors and a crowd of 200 spectators.

Spencer Gore become the first Champion.

Today there are 14,979 seats in the centre court alone and the grounds at Wimbledon can contain 42,000 spectators at one time.

(Left) c.1950's Wimbledon tennis court in the rain. The crowds, still in their seats, sheltering under umbrellas.



The manually drawn covers for Wimbledon centre court were replaced in 2009 with a retractable roof. It takes 10 minutes for the roof to close fully once it starts raining

How Can We Help?

“Working with Savona is seamless; they are very people focused, forward thinking and innovative. Nothing is too much trouble.”

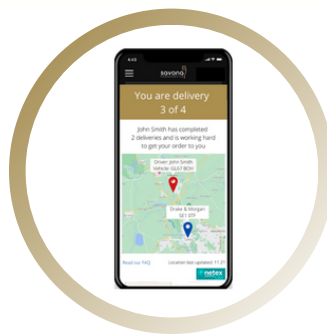
Kevin Osborne, Brendon Care



Outstanding Service



Online Ordering



Live Order Tracking



5000 Products



Menu Plans & Product Data



Product Training



Added Value Support



Expert Advice

Foodservice that just works.