

A C T I V I T Y P A C K

WIMBLEDON & TENNIS



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FOODSERVICE
THAT JUST WORKS



WIMBLEDON & TENNIS

Step into the spirit of Wimbledon with our activity pack designed to bring the fun of tennis off the court. Filled with games, puzzles, and creative challenges, it's the perfect way to spark imagination and keep the excitement of the tournament alive. Whether you're a lifelong tennis fan or just discovering the joy of the game, this pack is designed to entertain, inspire, and celebrate the energy of Wimbledon.

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WIMBLEDON MENU

'PICNIC' FOOD IDEAS

It's easy to create a Wimbledon-themed menu - just think quintessentially British! Come rain or shine, how about serving your special afternoon tea as an "indoor picnic".

Buffet Scotch Eggs

Mini Sausage Rolls

Vol Au Vents

Selection of Finger Sandwiches

Quiche

Pasta Salad

Strawberries & Cream

Ice Cream

Scones Jam & Cream

Eton Mess

Cup Cakes



Pimms

Bubbly

Sparkling Elderflower

Orange Juice

**Buy or make
plain cup cakes
and let residents
decorate them
themselves**

GO THE EXTRA POINT

Dress code:

Ask residents to wear anything purple or green!

Quiz:

The quizmaster (member of staff or resident) asks questions relevant to age and ability. Here's one to get you started...

Q: Who pushed for the use of yellow balls as they showed up better on TV?

A: David Attenborough

More food:

Continue the theme across the day, How about 'Andy Murry Curry' for dinner!



PIMM'S ICE LOLLIES



INGREDIENTS

500g Strawberries, hulled and halved lengthways
10 Mint Leaves
75ml Pimm's
200ml Lemonade
100g Golden Caster Sugar
20 Thin Slices of Cucumber, cut into quarters

Get residents involved by choosing and chopping their own fruit!

Why not try adding more fruit like raspberries, blueberries and orange slices

METHOD

Add the strawberries and mint leaves to a blender and process until smooth.

Pour the strawberry mixture through a fine mesh strainer to remove the seeds.

Add the Pimm's, lemonade and sugar, stirring together until combined and the sugar is dissolved.

Divide the cucumber pieces between a 10 x 80ml ice lolly mould and pour over the strawberry mixture, dividing equally between the sections.

Put the mould in the freezer for 30-45 mins or until it's just starting to freeze.

Insert lolly sticks and leave to freeze for at least 4 hrs or until frozen solid.

To remove the ice lollies, dip the mould in hot water for a few seconds, then carefully remove the lollies to serve.



BALLOON TENNIS

Singles, doubles or in teams, balloon tennis is a simple game and perfect for playing inside or out.

Balloon Tennis Game Rules...

Keep it up!

Stood up or sat down, solo or in teams, players bat the balloon back and forth between them. Every time a player fails to keep the balloon off the floor, they lose a point. Once you lose 5 points, you're out!

Solo keep it up!

Each player bats their own balloon tennis ball in the air and counts to see how many times they can bounce the balloon off their racket before it hits the floor. The person with the most bounces before their balloon touches the ground wins.

You can also make up your own balloon tennis game rules!

MATERIALS

Balloons

Tie some ribbon between to chairs to make a simple indoor net!

RACKETS

Option 1

If you have access to table tennis paddles these can be used as mini indoor tennis rackets

Option 2

Cut down some pool noodles to the appropriate size to use as rackets

Option 3

Have a crafting session prior with residents to create and decorate their own racket made from a paper plate!

Option 4

Simply use your hands to knock the balloon to the opponents area

OPTIONAL



TOP TIP

Use only yellow balloons to look more like tennis balls!



Full instructions can be found here:

www.wimbledon.com/pdf/CM_Wimbledon_at_Home_Paper_Tennis_Racket_FNL.pdf



DIY BUNTING

MATERIALS

Paper

Scissors

String or Ribbon

Glue

Colouring Pencils or Felt Tips

METHOD

Print the template out onto card or paper

Colour in and decorate as required

Cut along the solid lines and Fold along the dotted line



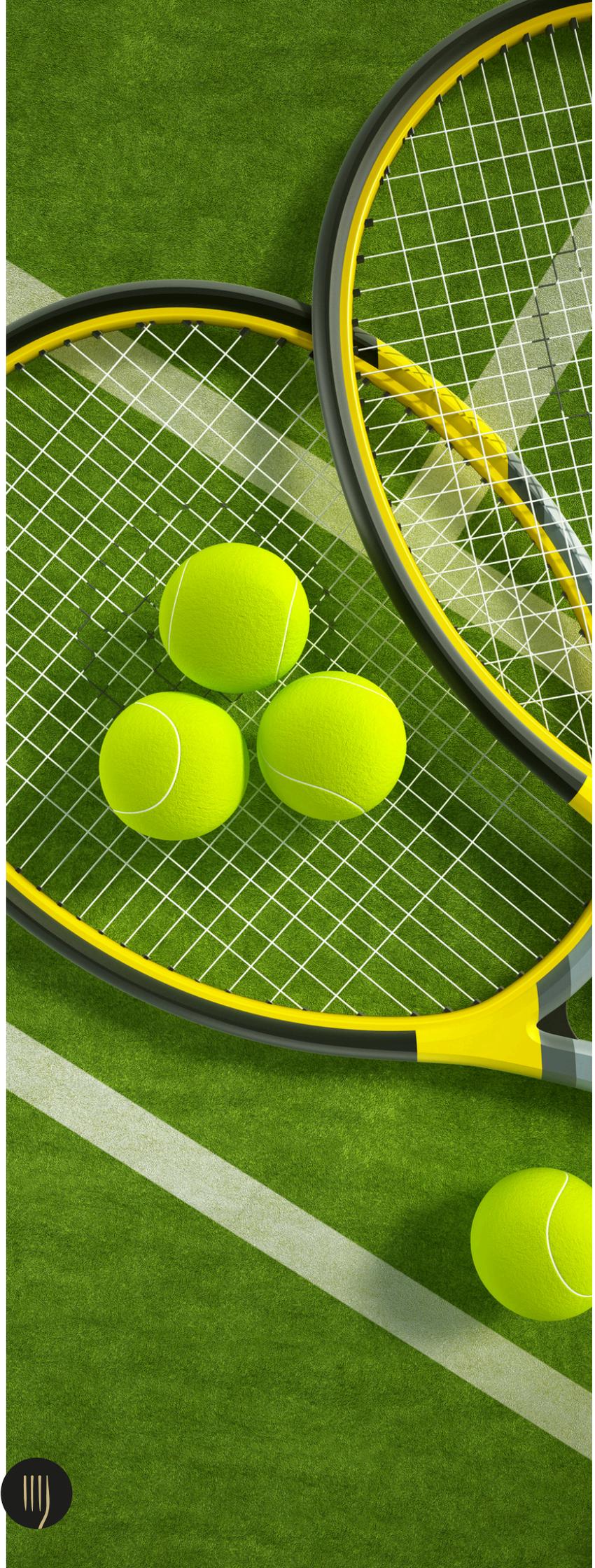
Cut along the solid lines



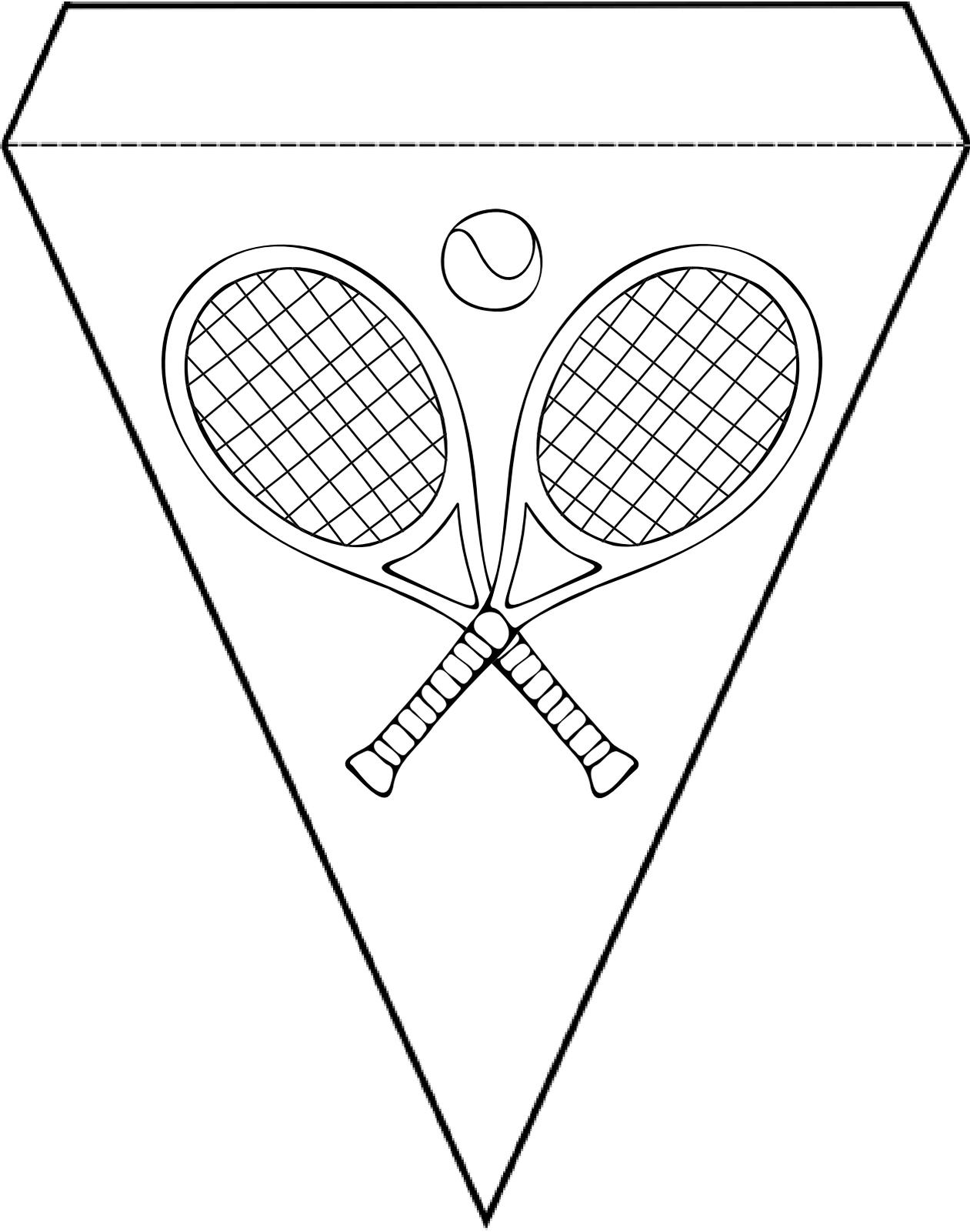
Fold along the dotted line

Cut the string or ribbon to the required length

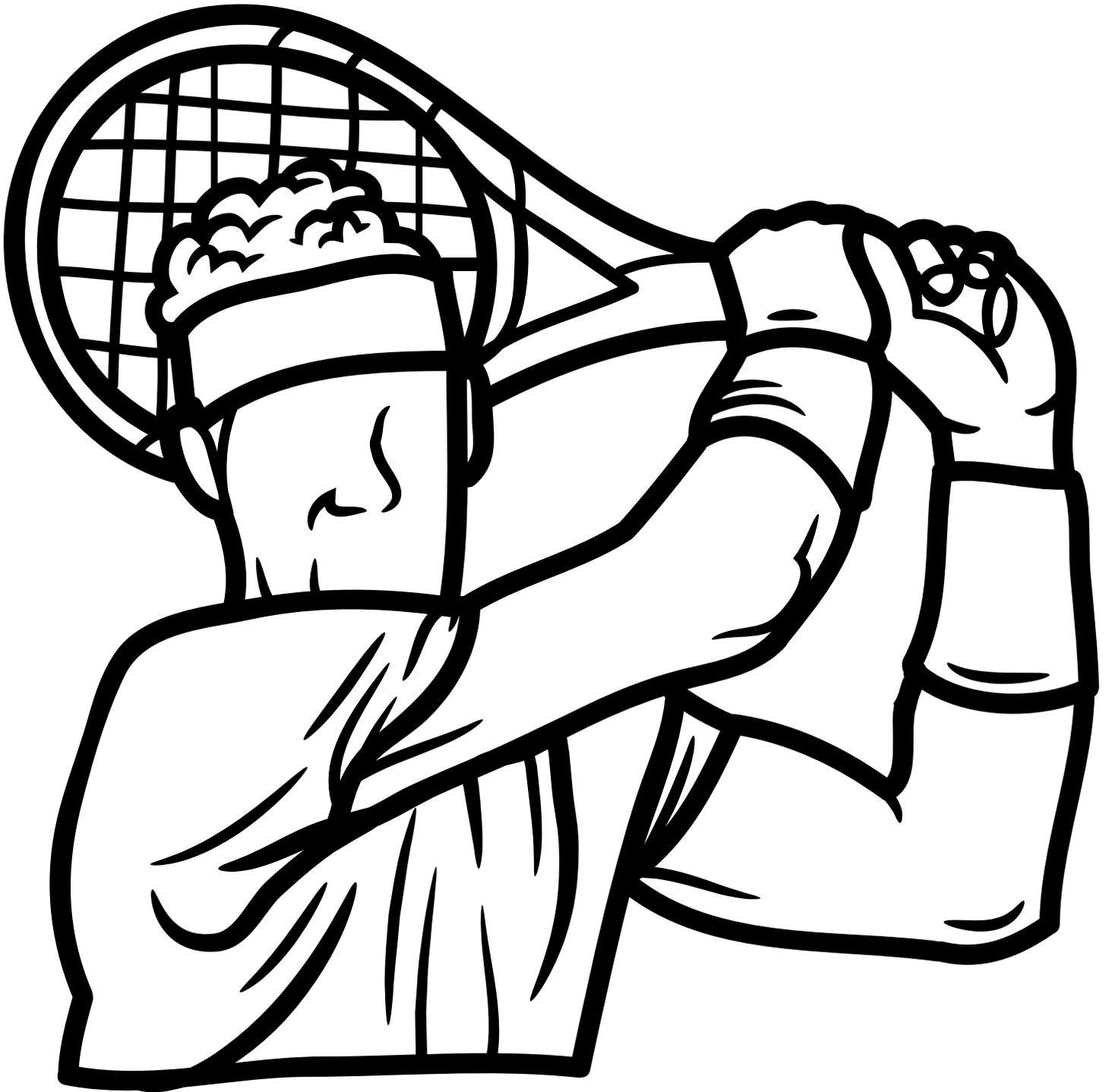
Fold the top flap of the flag over string or ribbon and glue for added security



BUNTING TEMPLATE



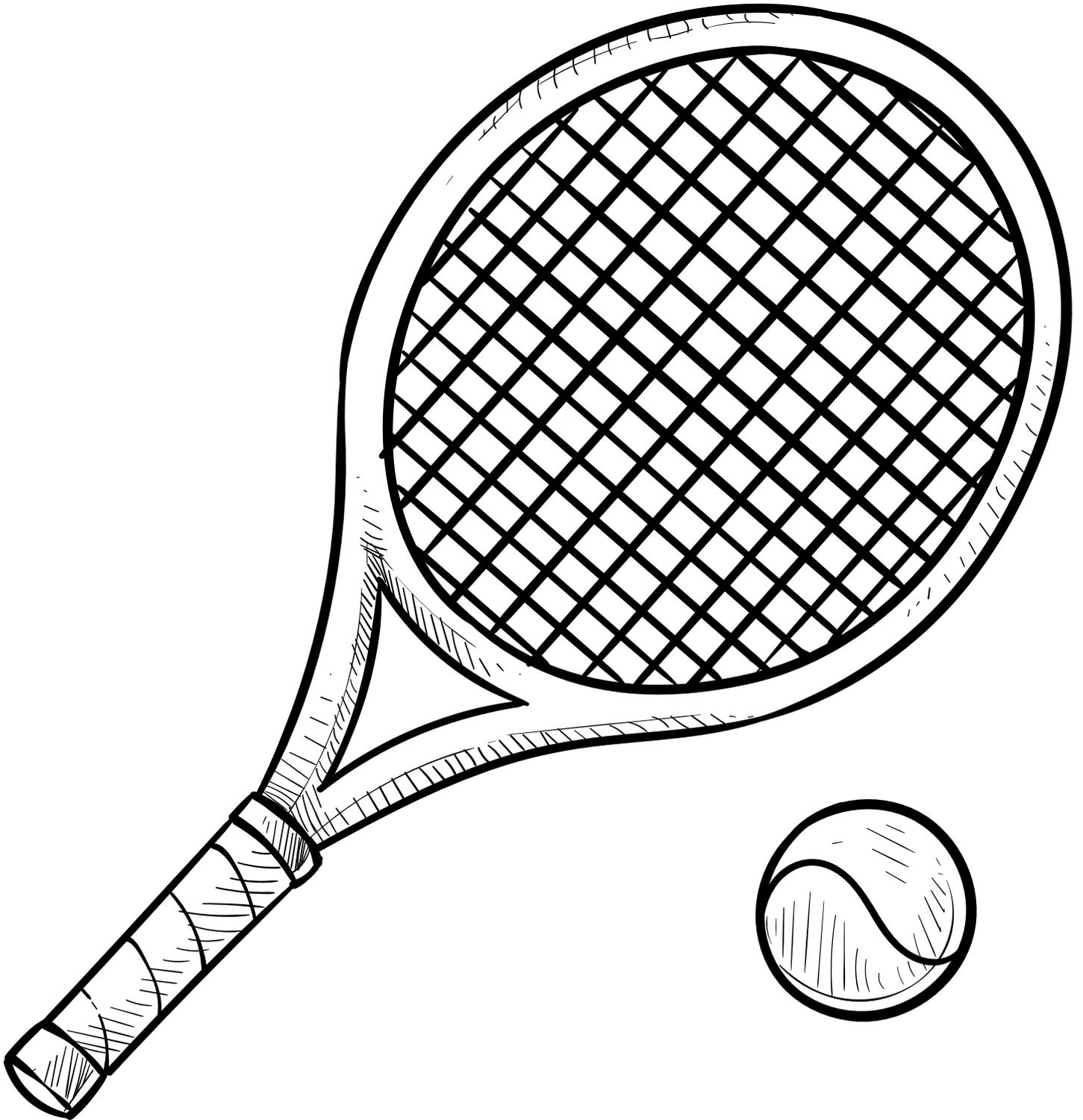
COLOURING



COLOURING



COLOURING



WIMBLEDON WHAT IS IT?

Below are six images of Wimbledon Tennis themed items that have been zoomed in. Can you work out what is in each picture?



A



B



C



D



E



F



A - Z TENNIS

In a group or on your own, can you think of a word related to tennis that starts with every letter of the alphabet?

A _____

B _____

C _____

D _____

E _____

F _____

G _____

H _____

I _____

J _____

K _____

L _____

M _____

N _____

O _____

P _____

Q _____

R _____

S _____

T _____

U _____

V _____

W _____

X _____

Y _____

Z _____



WIMBLEDON WORD SEARCH

Can you find all 12 words?

D	A	T	F	Y	L	U	J
S	H	C	R	O	Y	A	L
T	T	S	E	U	I	B	Y
R	E	R	I	P	M	U	M
A	N	P	T	Y	C	B	S
W	N	I	L	L	E	B	T
B	I	M	O	L	N	L	R
E	S	M	V	A	R	Y	U
R	T	S	E	R	O	H	O
R	R	A	C	K	E	T	C
I	W	K	B	N	T	S	E
E	T	R	M	E	E	T	R
S	E	A	N	R	W	U	T
J	N	O	E	T	R	O	N
G	C	N	L	L	A	B	E
S	A	E	T	E	G	P	C

July
Royal
Tea
Ball
Love
Out
Pimms
Net
Ace
Rally
Tennis
Umpire
McEnroe
Racket
Henman
Serena
Bubbly
Centre Court
Scone
Strawberries



REMINISCENCE

The use of wooden tennis rackets dates back to the middle of the nineteenth century when lawn tennis was invented and gained popularity.

By the beginning of the 1980s, almost all wooden tennis rackets were replaced by more modern rackets made from metal or graphite.



The Wimbledon Championships were first held in 1870 with 22 male competitors and a crowd of 200 spectators.

Spencer Gore became the first Champion.

Today there are 14,979 seats in the centre court alone and the grounds at Wimbledon can contain 42,000 spectators at one time.



(Left) c.1950's Wimbledon tennis court in the rain. The crowds, still in their seats, sheltering under umbrellas.

The manually drawn covers for Wimbledon centre court were replaced in 2009 with a retractable roof. It takes 10 minutes for the roof to close fully once it starts raining

Who was your favourite tennis player to watch?

Do you remember seeing Wimbledon on television or hearing about it on the radio?

Have you ever been to watch a tennis match in person?

Do you remember what tennis rackets were like when you were young?

Did you ever own a wooden tennis racket?



REMINISCENCE

WIMBLEDON 1980

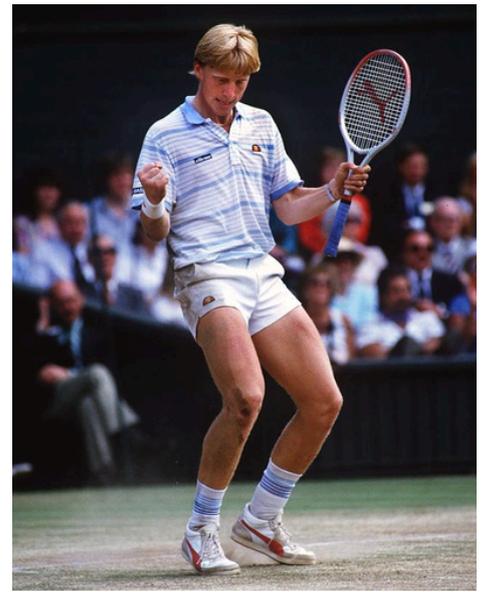
(Above) Bjorn Borg, winner of the men's singles in July 1980, holding the Trophy above his head.



WIMBLEDON 1985

(Above) Boris Becker celebrating winning a set.

On 7 July 1985, Boris Becker became the first unseeded player and the first German to win the Wimbledon men's singles title, defeating Kevin Curren in four sets.



WIMBLEDON 1980

Bjorn Borg (left) with John McEnroe (right)



John McEnroe in 2023

Do you remember John McEnroe famously saying 'you can not be serious' on June 22, 1981?



REMINISCENCE

Cliff Richard famously singing to the crowds in 1996 when rain brought play to a close.

The wettest year for Wimbledon on record was in 1997 when 118.3mm of rain was recorded.



Virginia Wade (right) proudly holding up the women single trophy, Queen Elizabeth (left) looking on in the background.



In 1977, during the Silver Jubilee year of Queen Elizabeth II, British tennis player, Virginia Wade, beat Betty Stove in the women's singles final.

Do you remember Bjorn Borg, John McEnroe or Boris Becker?

Did you ever watch them playing tennis on T.V.?

Do you remember any other famous tennis players from the 1970's 1980's, 1990's or any other decade?

Do you remember Cliff Richard singing to the Wimbledon crowds in the rain?

Do you remember Virginia Wade or Betty Stove?



WIMBLEDON WHAT IS IT?

Below are six images of Wimbledon Tennis themed items that have been zoomed in. Can you work out what is in each picture?



A Tennis Ball



B Tennis Racket



C Net



D Ladies Singles Trophy



E Wimbledon Tennis Logo



F Strawberries and Cream



WIMBLEDON WORD SEARCH

Can you find all 12 words?



- July
- Royal
- Tea
- Ball
- Love
- Out
- Pimms
- Net
- Ace
- Rally
- Tennis
- Umpire
- McEnroe
- Racket
- Henman
- Serena
- Bubbly
- Centre Court
- Scone
- Strawberries



A - Z TENNIS

In a group or on your own, can you think of a word related to tennis that starts with every letter of the alphabet?

A Ace, Advantage, Andre Agassi, Andy Murry

B Ball, Bounce, Ball Boy/Girl, Backhand, Break point, Billie Jean King

C Court, Clay (court), Carpet (court), Call, Challenge, Champion, Championship

D Deuce, Doubles, Down the line, Drive, Drop shot

E Elbow, Entry, Error

F Fault, First serve, Flat, Foot fault, Follow through, Forehand, Federer (Roger)

G Game, Grass (court), Grand slam, Grunting

H Hardcourt, Handicapping, Half volley, 'Henman Hill'

I Inside-in, Inside-out, Ivan Lendl

J Junk ball, Jamming, Junior league

K Knock-up, Kick serve,

L Love, Let, Lawn tennis, Lob, Line call,

M Match, Masters, Mini-break, Mixed doubles

N Net, Net point, New balls, Rafael Nadal

O Out, Official, Open, Order of play, Overrule

P Player, Point, Penalty, Pimms, Pre-qualifying, Perfect game, Pass, Pete Sampras

Q Qualifying round, Queues, 'Quiet please'

R Racket, Rally, Rankings, Receiver, Referee, Return, Round, Roger Federer

S Serve, Set, Slice, Scoring, Seed, Singles, Smash Spin, Stroke, Swing, Serena Williams

T Tennis, Tiebreak, Topspin, Toss,

U Umpire, Underhand, Unseeded,

V Volley, Venus Williams

W Wimbledon, Wild card, Winner, Williams (Venus/Serena)

Y Yellow balls, Yo-yo

Z Zero pointer, Zone

