

ACTIVITY PACK
BACK TO THE 60'S




savona
FOODSERVICE
THAT JUST WORKS



BACK TO THE 60'S

Step back in time with our Back to the 1960s Activity Pack. Bursting with nostalgic puzzles, games, and creative activities, it's designed to spark memories and bring a little retro fun to your day. Whether you're reliving the spirit of the swinging sixties, discovering new ways to stay entertained, or simply looking for a joyful way to unwind, this pack is full of inspiration and energy from a truly iconic decade.

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POPULAR 60'S COCKTAILS

Why not help to spark up an appetite with a few pre dinner cocktails!

MANHATTAN

INGREDIENTS

75ml Bourbon
15ml Sweet Vermouth
15ml Extra Dry Vermouth
2 dashes of bitters
5ml Cherry Eau de Vie
Handful of Ice
Orange Peel & Maraschino
Cherry to garnish (optional)

METHOD

Pour all of the ingredients into a mixing glass, add cubed ice and stir.

When the desired dilution has been achieved, strain into a martini coupe.

Garnish with orange zest, making sure to release the oils with and around the glass.



WHISKEY SOUR

INGREDIENTS

50ml Bourbon
35ml Lemon Juice
12½ml 2:1 Sugar Syrup
2 Dashes Angostura
Bitters
Handful of Ice
Lemon Zest

METHOD

Shake all of the ingredients (except for the lemon zest) hard with ice and strain into an ice-filled rocks glass.

Squeeze the lemon zest, shiny side down over the drink so the scented oils spray across the surface.

Discard the zest, add the garnish and serve.



POPULAR 60'S COCKTAILS

BLOODY MARY

Large Handful of Ice	Worcestershire sauce
100ml vodka	Tabasco
500ml tomato juice	Pinch Celery Salt
1 tbsp Lemon Juice, plus 2 slices to serve	Pinch Black Pepper
	2 celery sticks, to serve

Place the ice in a large jug. Measure the vodka, tomato juice and lemon juice and pour it straight onto the ice. Add 3 shakes of Worcestershire sauce and Tabasco (or more if you like it very spicy) and a pinch of celery salt and pepper. Stir until the outside of the jug feels cold, then strain the cocktail into 2 tall glasses.

Top up with fresh ice, add a celery stick and lemon slice to both glasses and enjoy.

COSMOPOLITAN

10ml Lime juice	45ml Lemon Vodka
Ice	15ml Triple Sec
Orange zest, or a lime wedge on the rim of the glass.	30ml Cranberry Juice

Add your drink ingredients to a shaker or container with a tight lid. Add ice, close it securely, and shake gently for about 10 seconds. Pour the drink into a glass. For the garnish, take a small piece of orange zest and gently twist it over the drink to release the aroma, then drop it in.



CLASSIC 60'S APPETISER

DEVILLED EGGS

INGREDIENTS

12 large free-range eggs
4 tbsp mayonnaise
1–2 tsp English mustard
1 tsp sea salt flakes
¼ paprika, plus extra for sprinkling
Few drops Tabasco
2 tbsp extra virgin olive oil
2–3 tbsp water from a freshly boiled kettle
2 tsp finely chopped chives



METHOD

Bring some water to the boil in a large saucepan. One by one, add the eggs and bring back to the boil.

After boiling the eggs for 1 minute, turn the heat off and leave to stand in the pan for 12 minutes.

Fill a large bowl with very cold water. As soon as the eggs have had their 12 minutes, one by one, add the eggs into the cold water and leave for 15 minutes before peeling.

Halve the eggs lengthways and gently prise the yolks out of each half, putting them into a mixing bowl.

Add the mayonnaise, a teaspoon of English mustard, salt, paprika and a few drops of Tabasco to the yolks. Stir and mash with a fork, then blend with a stick blender or in a food processor.

Add the oil and blend again until smooth. It will be very thick. Check for taste and add further seasoning if required.

By hand, stir in as much of the water as needed, to help form a piping consistency. Spoon mixture into a piping bag with a star icing nozzle, then pipe away, filling the hollowed-out whites with golden rosettes.

Or you can mound the yolk mixture using a pair of teaspoons.

Sprinkle with paprika and serve.



CLASSIC 60'S MAIN

CHICKEN CASSEROLE RECIPE



Yields:

Approx. 4 servings

Prep Time: 15 mins

Cook Time: 45 mins

INGREDIENTS

8 bone-in chicken thighs

1 tbsp oil

2 garlic cloves, crushed

2 celery sticks, thickly sliced

2 carrots, cut into 2 cm chunks

2 leeks, cut into 2 cm chunks

600 g potatoes, peeled & cut into large chunks

1 level tbsp plain flour

600 ml hot chicken stock

2 rosemary sprigs

half a lemon

METHOD

Preheat oven to 200°C (180°C fan oven) mark 6

Heat the oil in a casserole dish or wide pan with a lid and brown the chicken thighs.

Add the onion, garlic, celery, carrots, leeks and potatoes to the pan, and cook for 5-10min, stirring constantly.

Stir in the flour and cook for 2 min.

Gradually pour in the stock.

Season well, then return the browned chicken to the pan.

Add the rosemary, squeeze over the juice from the lemon half and pop the squeezed lemon half into the pan.

Cover and bring the casserole to the boil.

Place in the oven for 25-30 min until the chicken is cooked through and the sauce is piping hot and thickened.



MISSING LETTER PUZZLE

Can you fill in the missing letters and work out all these popular 1960's cars?

AUSTIN

__ I __ I

W __ S T __ I N __ T __ R

H E __ L __ Y

MORRIS

__ I __ O R

T R __ V E __ L __ R

__ X __ O __

FORD

__ O __ T __ N A

A __ L A

M S __ N G

__ E H Y __

HILLMAN

__ M __

H N __ R

VW

B __ T E

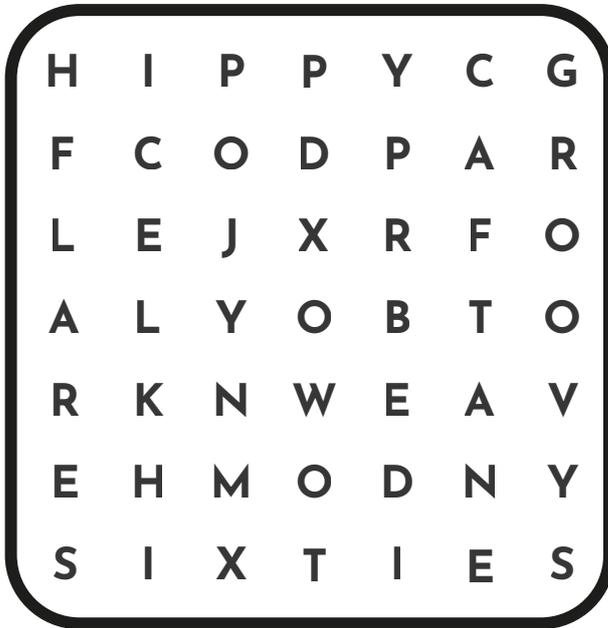
DID YOU KNOW?

The MOT test was first introduced to the UK in 1960

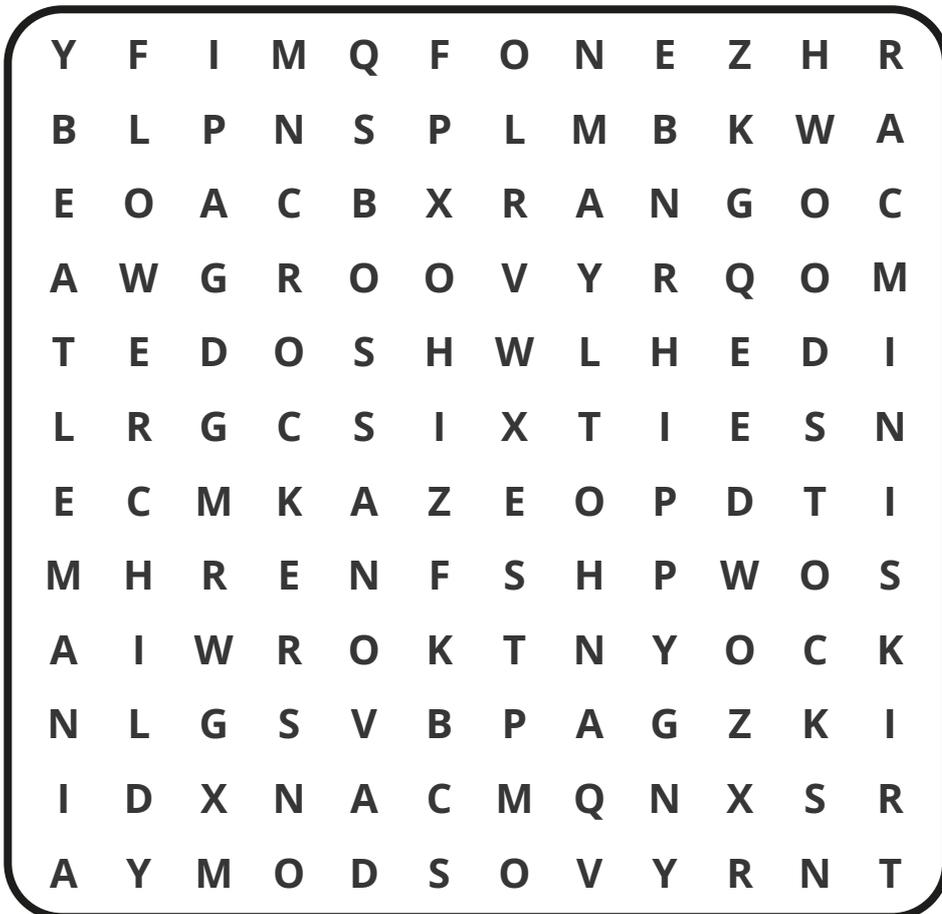


WORD SEARCH

Find the 6 hidden words.
Words can be found across and down.



- HIPPY
- FLARES
- GROOVY
- MOD
- SIXTIES
- CAFTAN



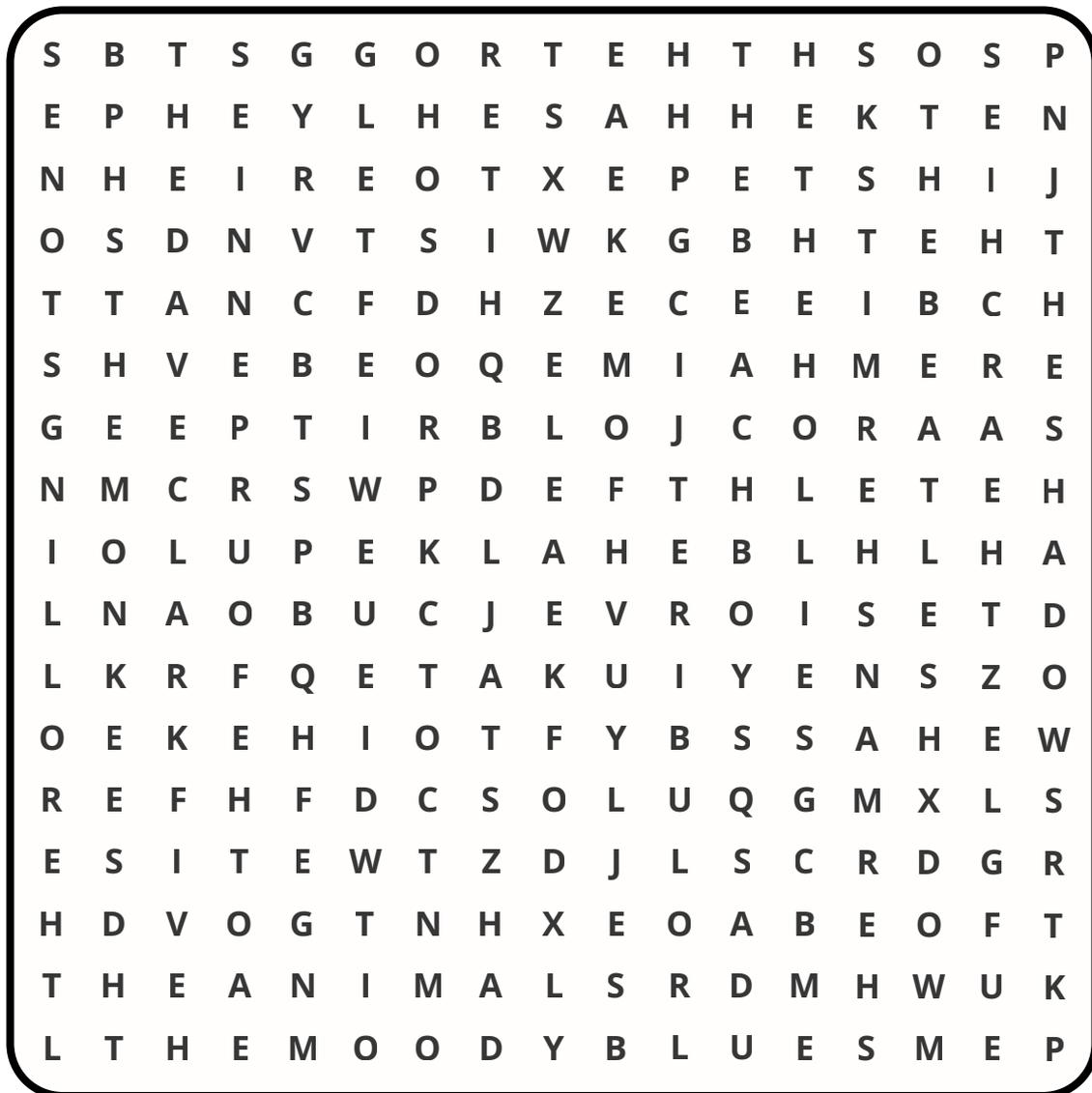
- BEATLEMANIA
- BOSSANOVA
- CAFTAN
- FLARES
- FLOWERCHILD
- GROOVY
- HIPPY
- MINI SKIRT
- MODS
- ROCKERS
- SIXTIES
- WOODSTOCK



WORD SEARCH

Can you find all the popular 1960's bands?

Words can be found in any direction.



THE ANIMALS

THE ARCHIES

THE BEACH BOYS

THE BEATLES

BEE GEES

THE DAVE CLARK FIVE

THE FOUR PENNIES

HERMANS HERMITS

THE HOLLIES

THE MONKEES

THE MOODY BLUES

THE ROLLING STONES

THE SHADOWS

SMALL FACES

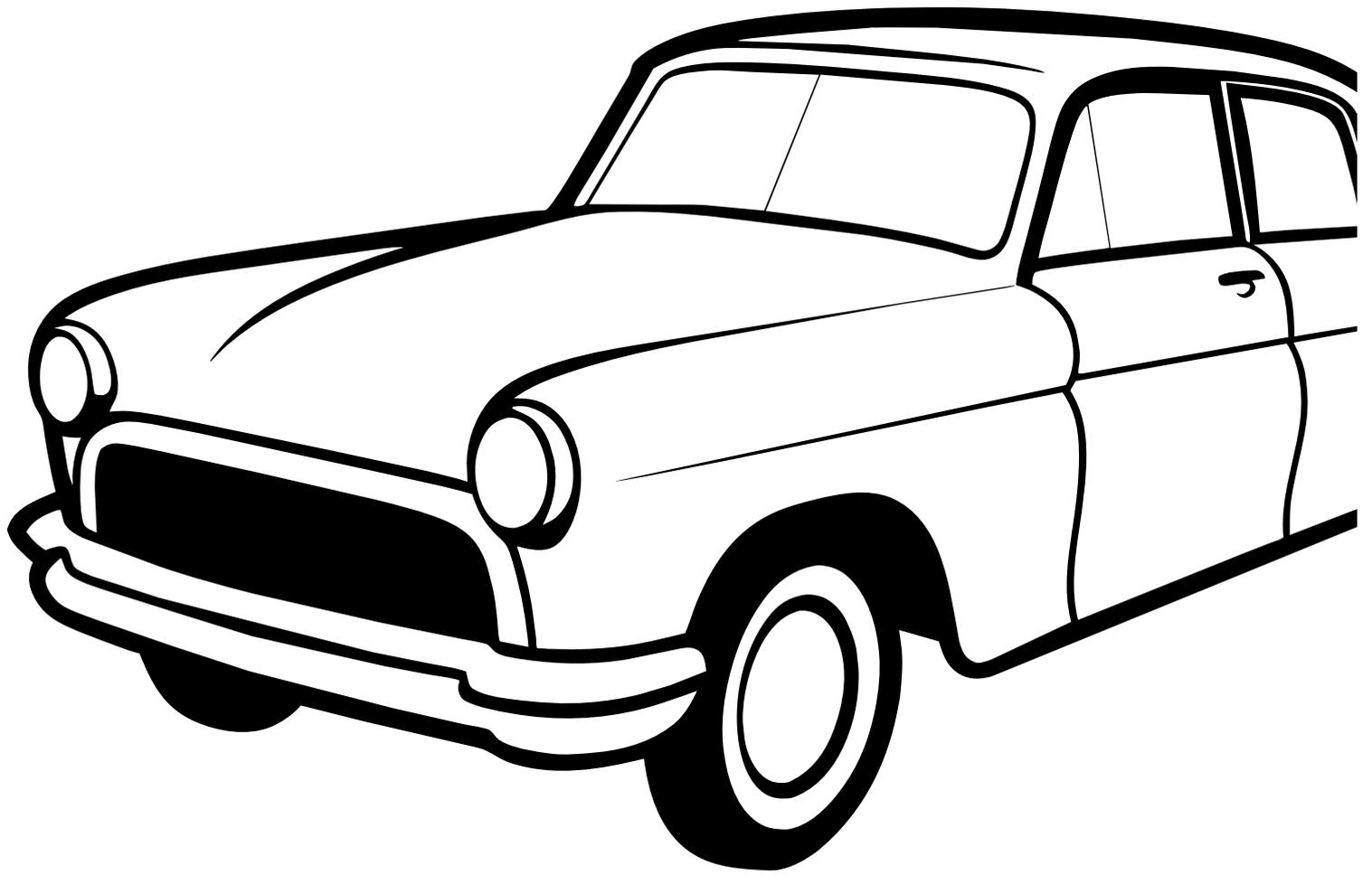
SPENCER DAVIS
GROUP

THE TROGGS

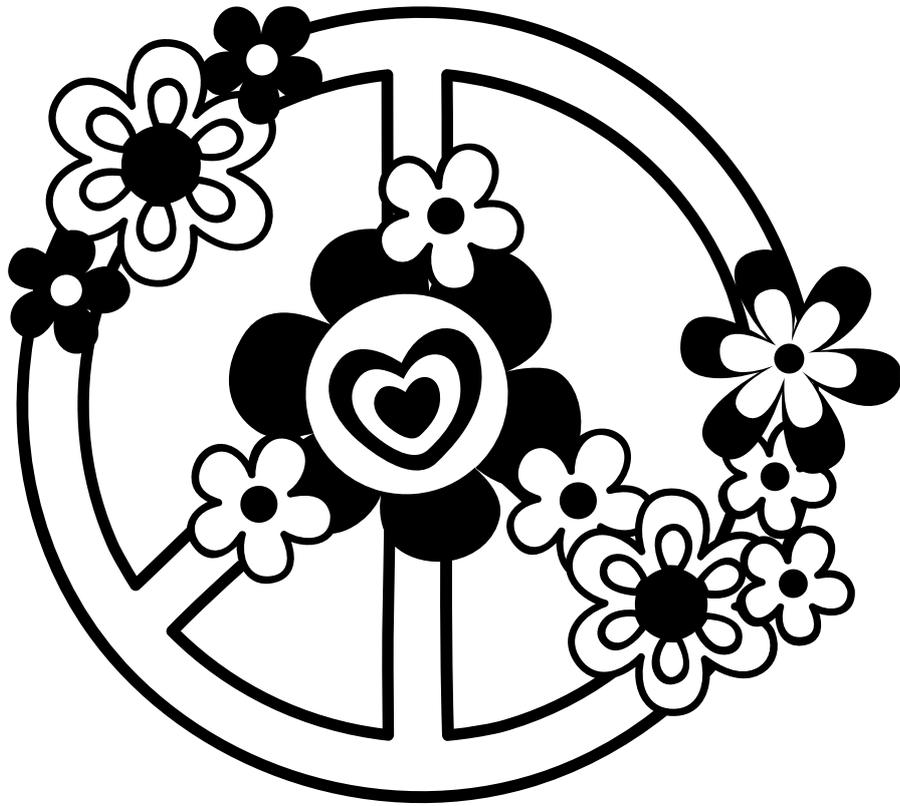
THE WHO



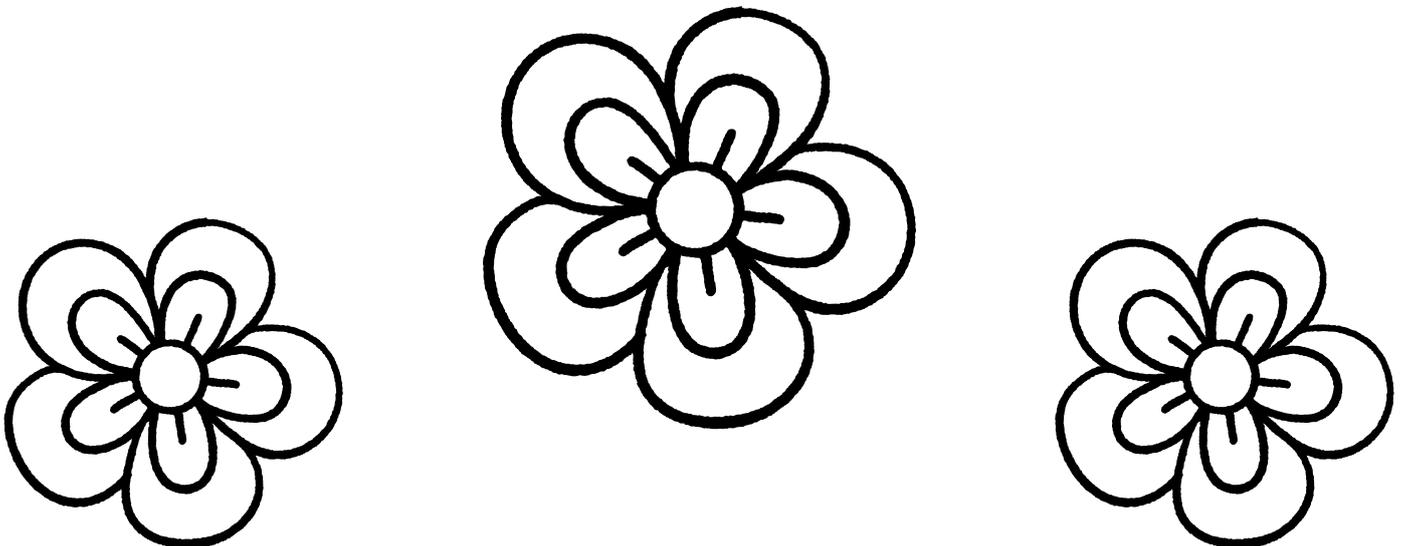
COLOURING



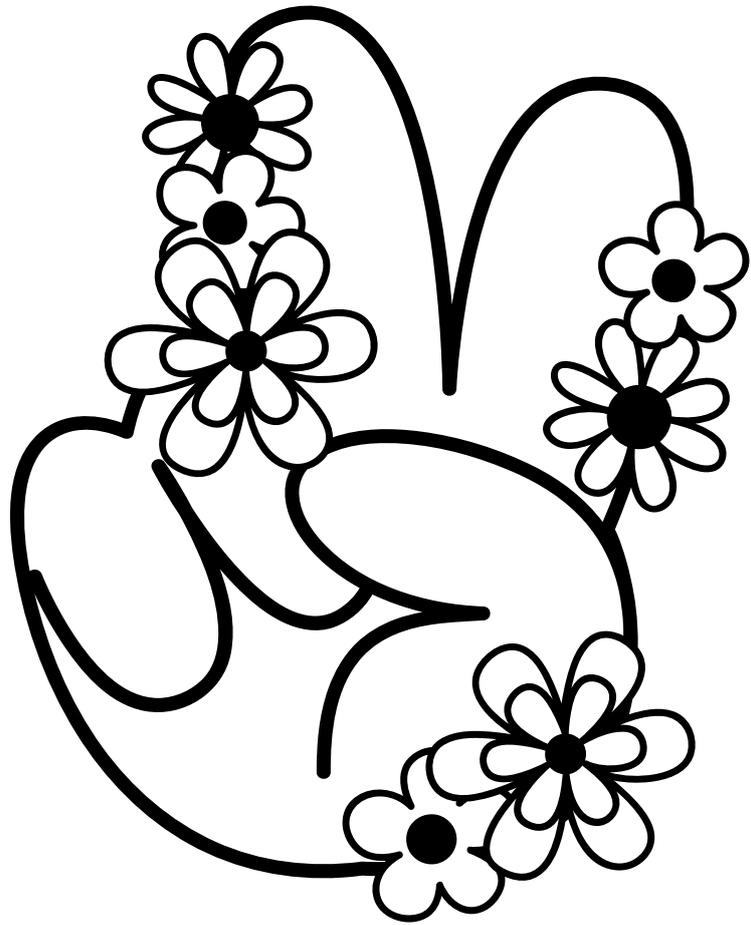
COLOURING



LOVE



COLOURING



MOVIE NIGHT

POPULAR 1960's FILMS

Why not have a classic 1960's movie night?

Listed below are some popular titles from the decade. If it's popular, think about having a regular movie night such as 'Film Night Fridays' or 'Saturday Matinee'

2001: A Space Odyssey (1968)

Butch Cassidy and the Sundance Kid

Psycho (1960)

(1969)

The Good, the Bad and the Ugly
(1966)

My Fair Lady (1964)

West Side Story (1961)

The Graduate (1967)

Mary Poppins (1964)

The Great Escape (1963)

Chitty Chitty Bang Bang (1968)

Goldfinger (1964)

Alfie (1966)

The Sound of Music (1965)

To Kill A Mockingbird (1962)

The Apartment (1960)

Bonnie and Clyde (1967)

Breakfast at Tiffanys (1961)

Funny Girl (1968)

Viva Las Vegas (1964)

Blue Hawaii (1961)

Why not enhance the experience by providing popcorn and soda like a regular cinema? You could even print off and hand out tickets to any resident interested in going! (see page 20)

Why not have a discussion as a group after about what you liked or didn't like about the film.



REMINISCENCE

TOYS OF THE 1960s

DOLLS

The Cindy doll was launched in September 1963 as the British rival to the American made Barbie. Cindy's boyfriend Paul, was released in 1965, and later her younger sister Patch in 1966. Cindy was the best selling toy in Britain in 1968 which was also the year her friends Vicki and Mitzi, and Patch's friends Poppet and Betsy made their debut.



Tiny Tears first appeared in UK stores in 1966 and was a Drink-and-Wet doll meaning the doll could be 'fed' water which then made them cry and wet their nappies.



By the 1960s paper dolls had been around for more than 100 years but were still very popular as they didn't cost as much as plastic dolls.

Although production for Troll Dolls had already started in 1959, it was during the 1960s they became very popular. They are still made today and don't look that different!



ANNUALS FOR GIRLS

Annuals such as Bunty for Girls, Judy, Boyfriend, June or School Friend were very popular and contained several short comic-strips, stories, information pages, recipes, letters pages, competitions, featured readers, puzzle pages, promotions, and next-issue previews or advertisements.

Did you ever have a Troll Doll?

Do you remember Tiny Tears?

Did you ever make clothes for your dolls?

Did you play with paper dolls?

Did you have a Barbie or Cindy?

Do you remember the Bunty annual?



REMINISCENCE

TOYS OF THE 1960s



BUILDING SETS

On Monday 25th January 1960 LEGO first went on sale in the UK and can still be found in shops today. In 1961 Airfix launched their Betta Bilda sets for 10 shillings each. Meccano, which was first invented 1898, was still a popular toy during the 1960s.

TOY CARS

Matchbox, Dinky and Corgi Toys were all popular in the 1960s for their production of die-cast toy cars. By 1964 Matchbox offered cars with doors that open and in 1968 Mattel's Hot Wheels cars were released.

ACTION FIGURES

British infantry soldier action figure Tommy Gunn was produced from 1966 until 1968 by Pedigree Toys Ltd, and came complete with a Sterling submachine gun. 1966 also saw the release of Action

Man by Palitoy which was a licensed copy of American company Hasbro's G.I. Joe.

ANNUALS FOR BOYS

Annuals such as Boys' World, Adventure Book for Boys, Daily Mail Boys' Annual and Tiger Annual contained comic-strips, action and adventure stories, information pages, puzzles, competitions and lots more.

Did you play with Lego, Betta Bilda sets or Meccano when you were young?

Did you have any toy cars?

Was there a toy you wanted but never got?

What annuals do you remember?

Do you remember the Tommy Gunn action figure?

Did you or anyone you know have an Action Man?

Are there any other Action Figures from the 60s you remember?



REMINISCENCE

BOOKS OF THE 1960s

1962 - A Wrinkle in Time by Madeleine L'Engle

1962 - Look Out Secret Seven by Enid Blyton

1962 - Famous Five - Five Have a Mystery to Solve by Enid Blyton

1964 - Charlie and the Chocolate Factory by Roald Dahl

1964 - Chitty Chitty Bang Bang: The Magical Car by Ian Flemming

1969 - The Very Hungry Caterpillar by Eric Carle

1960 - To Kill a Mockingbird by Harper Lee

1962 - A Clockwork Orange by Anthony Burgess

1962 - One Flew Over the Cuckoo's Nest by Ken Kesey

1963 - The Spy Who Came in from the Cold by John le Carré

1965 - The Autobiography of Malcolm X by Malcolm X



Do you have a favourite book?

Do you like fiction or factual/non-fiction books?

Do you have a favourite genre?

Do you have a favourite character?

Do you like to read?

What kind of books did you like to read when you were younger?

Do you remember, or did you ever read any of these popular books first published in the 1960s?



REMINISCENCE

ART OF THE 1960s

The 1960s have been referred to as one of the most significant decades in 20th-century art, seeing the rise of Pop Art, Op Art, Minimalism, Conceptual Art, Performance Art, and Feminist Art, amongst other styles and movements.

Andy Warhol first exhibited his, now iconic, Campbell's soup can paintings in 1962. This ground-breaking exhibition marked a pivotal moment in the art world, as Warhol challenged traditional notions of fine art by drawing inspiration from popular culture and commercial goods. His work blurred the lines between high and low art, sparking conversations about consumerism, mass production, and the role of art in society. Andy Warhol also made his first original Marilyn Monroe painting in 1962.

Andy Warhol today is known as a leading figure in the Pop Art movement. Roy Lichtenstein was another American Pop Art artist during the 1960s. He also became a leading figure in the new art movement with his comic book style paintings.



Have you heard of any of these 1960s artists?

Do you have a favourite style?

Do you like art?

Do you like Pop Art?

Have you heard of Andy Warhol before?

Do you recognise his soup can paintings pictured above?



REMINISCENCE

GENERAL HISTORY OF THE 1960s



PRIME MINISTER HAROLD WILSON

On 16th October of 1964 Labour's representative Harold Wilson became prime minister, winning the general election with a narrow majority of only four seats. Wilson remained Prime Minister until 19th June 1970, serving again between 1974 and 1976, when he resigned.



THE FIRST LABOUR GOVERNMENT SINCE 1951

Wilson's government saw the implementation of social reforms in housing, health, gender equality, racial equality and education. Comprehensive schools were established in July 1965, offering education to all students equally, eliminating the distinction between grammar schools, which required passing an 11-plus exam, and secondary modern schools.



CONCORDE TAKES FLIGHT

Concorde took off for its first UK test flight on 9th April 1969. A joint venture with France, Concorde was so fast it could break the speed of sound. It could travel 3,459 miles in just under three hours, the distance from London to New York.

Do you remember Concorde?

Have you ever been on a plane?

Do you remember Harold Wilson being Prime Minister?

Did you go to a comprehensive, grammar or secondary modern school?

Did you like going to school?



REMINISCENCE

GENERAL HISTORY OF THE 1960s



MARILYN MONROE

Actress Marilyn Monroe passed away on 5 August 1962 after taking an overdose of sleeping pills. The news of her death inspired popular 1960 artist Andy Warhol to create his first Marilyn silkscreen paintings later that month.

THE 1966 WORLD CUP

In 1966 England won the World Cup with a 4-2 victory over West Germany.

George Cohen, a footballer who started every England game in the 1966 World Cup including the final, was on a wage of around £80 a week – roughly £1,400 in today's money, which is less than current England captain Wayne Rooney earns in an hour.

Until 18th January 1961, a maximum wage of £20 a week was all an England football player could earn.

THE ENGLAND 1966 WORLD CUP TEAM PLAYERS:

Gordon Banks	Ray Wilson
George Cohen	Alan Ball
Jack Charlton	Sir Bobby Charlton
Martin Peters	
Geoff Hurst	
Bobby Moore	



Have you ever watched a Marilyn Monroe film such as *The Seven Year Itch*, *How to Marry a Millionaire* or *Gentlemen Prefer Blondes*?

Do you like football?

Did you watch the 1966 world cup final?

Do you remember the £20 a week pay cap?

Who was your favourite teacher?



REMINISCENCE

GENERAL HISTORY OF THE 1960s

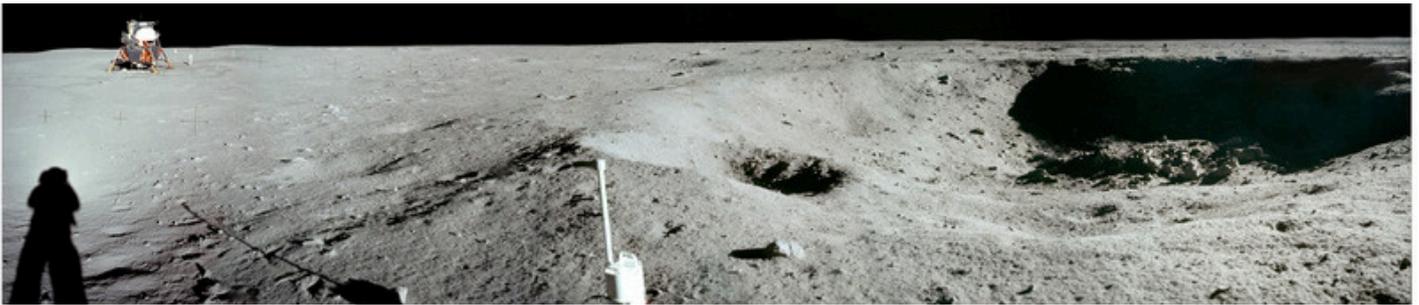
THE FIRST MAN TO SET FOOT ON THE MOON

The average distance between Earth and the Moon is 238,855 miles.

Approximately 650 million viewers worldwide witnessed this remarkable event on television.

Along with fellow astronaut Buzz Aldrin, Neil Armstrong landed on the moon's surface in the lunar module, The Eagle.

On 20th July 1969, American astronaut Neil Armstrong became the first human to walk on the moon.



(Above)

Apollo 11 crew: Neil Armstrong,
Buzz Aldrin & Michael Collins

Did you watch it on TV?

Do you remember the moon landing?

Would you like to visit the moon?

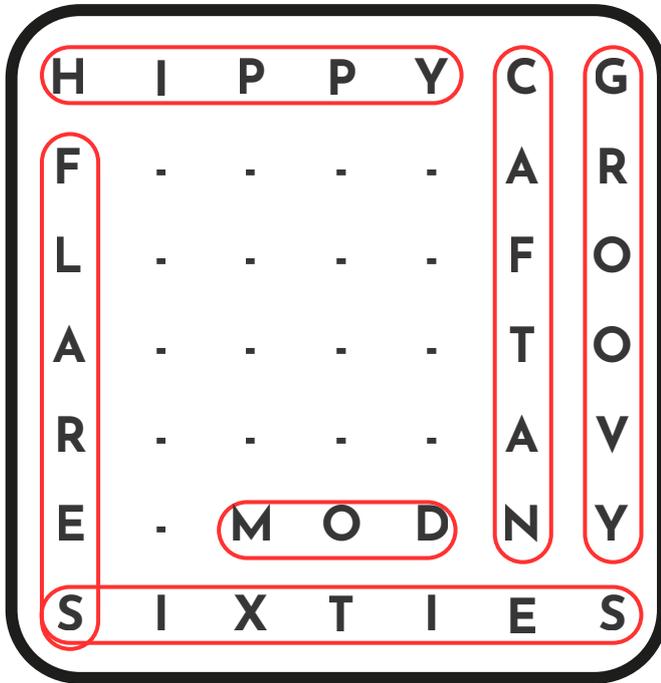
Would you like to go to space?



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HIPPY

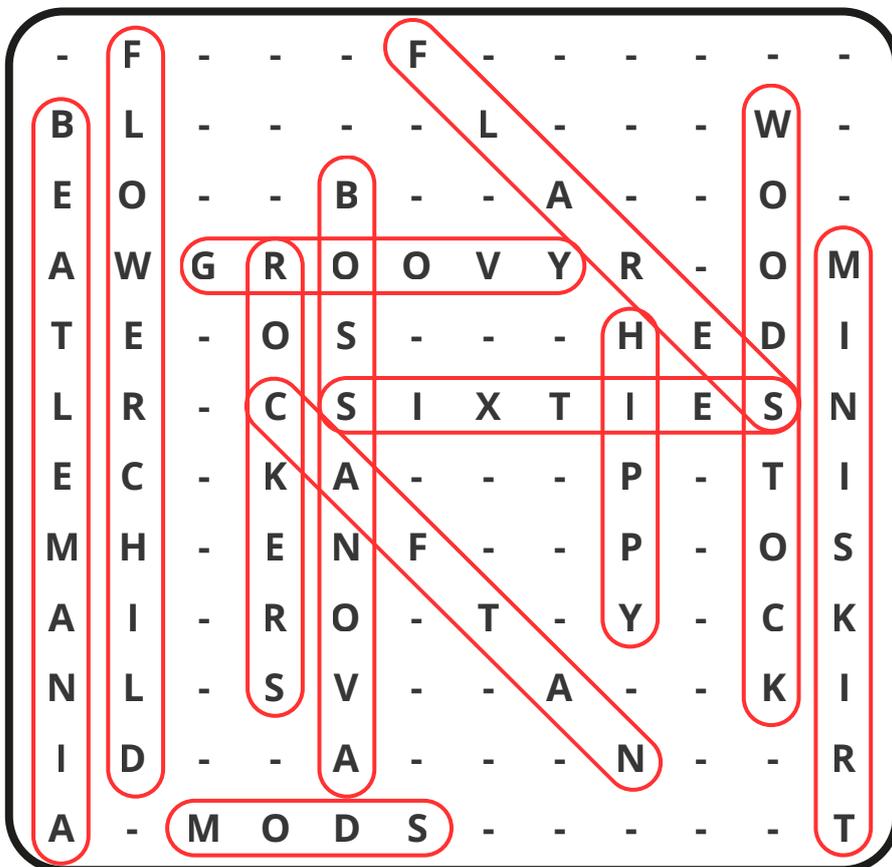
FLARES

GROOVY

MOD

SIXTIES

CAFTAN



BEATLEMANIA

BOSSANOVA

CAFTAN

FLARES

FLOWERCHILD

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MODS

ROCKERS

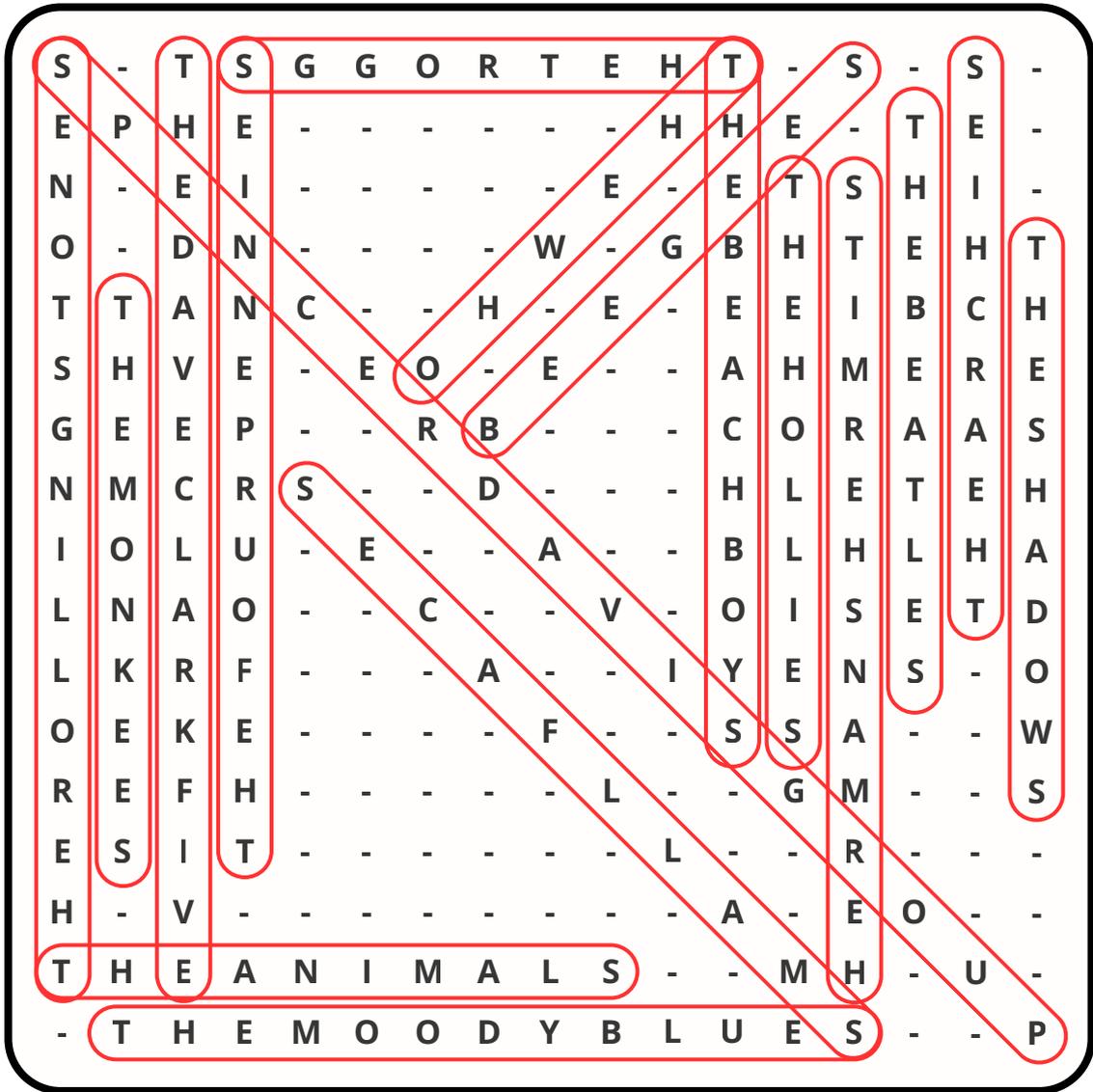
SIXTIES

WOODSTOCK



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THE BEATLES

BEE GEES

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THE FOUR PENNIES

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THE MONKEES

THE MOODY BLUES

THE ROLLING STONES

THE SHADOWS

SMALL FACES

SPENCER DAVIS
GROUP

THE TROGGS

THE WHO



MISSING LETTER PUZZLE

Can you fill in the missing letters and work out all these popular 1960's cars?

AUSTIN

M I N I

W E S T M I N S T E R

H E A L E Y

FORD

C O R T I N A

A N G L I A

M U S T A N G

Z E P H Y R

MORRIS

M I N O R

T R A V E L L E R

O X F O R D

HILLMAN

I M P

H U N T E R

DID YOU KNOW?

The MOT test was first introduced to the UK in 1960

VW

B E E T L E

